



Seward Nordic News

The quarterly newsletter of the Seward Nordic
Ski Club

FALL 2007

Announcements

- Thanks to the Seward Nordic Ski Club members for supporting our trails! It's that time of year to sign up, or renew your Ski Club membership. You can simply submit the registration found at the end of this newsletter, or sign up at one of the upcoming membership events.
- We're always looking for photos of Nordic skiing in the Seward area for future newsletters. If you have any to share, please email them to sewardnordicski@gmail.com. We'll also need photos for our new website, which is currently under construction. Look for it soon! www.sewardnordicskiclub.org
- We are looking for volunteers to help out at our upcoming membership drive events. If interested, please email us at sewardnordicski@gmail.com.
- Consider donating your PFD (or part of it) to the Ski Club! Remember any donation is tax-deductible and a great way to support our growing trail system.

Upcoming Events

Ski Swap: Saturday, October 20 – Seward High School Cafeteria

Drop off skis and outdoor gear/clothing between 9-11am

The swap will take place from 11-2pm. Barney's Sports Chalet will also be here selling new gear.

Junior ski rentals will also be available – only \$40 for the whole year!

Ski waxing available during the swap for \$10/pair. Get your skis waxed and ready for the snow.

You can sign up for the Seward Nordic Ski Club, and enjoy homemade chili and a bake sale!

Warren Miller Movie: Saturday, October 20 – Seward High School Auditorium

Be one of the first in Alaska to see Warren Miller's latest movie, *Playground*. Tickets are only \$8, and are available only at the door. There will be 2 showings: 5pm and 7:30pm.

During intermission, there will be Rootbeer Floats for sale from The Original Gourmet Ice Cream Bar Co.

Membership Social at Yoly's: Saturday, November 3 – Yoly's Bistro

Come out and meet other Ski Club members! There will be live music, and Yoly's will be giving all members a free dessert on Nov. 3. This is a great place to sign up for the year, too, if you haven't done so already. We will have a Sign-Up Table available from 6-9pm. Thanks Mark and Yoly!

News

Welcome to the first edition of Seward Nordic News. This newsletter will be published with one edition each Spring and Fall. The Winter edition will come out in monthly volumes. The newsletter will be mailed to all Ski Club members and will include club and high school team news, trail highlights, ski technique tips, and waxing suggestions. Ray and Julie Robinson are the editors and are happy to accept any newsletter ideas. Email any suggestions or photos to sewardnordicski@gmail.com.

The Annual Pasta feed, held before the Mount Marathon July 4 Race, raised \$2100 this year for the Seward Nordic Ski Club. A big thanks to all who helped with this big fundraising event!

The Ski Club also received several generous donations this year. These include \$3000 from The Rotary Club, \$2100 from Holland America, fuel from Shoreside Petroleum, and \$500 from the Anchorage Nordic Ski Association. The City of Seward also donated \$1000 for trail maintenance, and plans to make that an annual donation. Thank you to these organizations for their generosity. These donations have made the following announcement possible:

We are very excited to announce that the Ski Club is purchasing a new grooming machine! This is a state-of-the-art groomer, and is capable of grooming both classic and skate skiing tracks. It is also transportable, and groomer Dennis Perry plans to groom Mile 12, Trail Lake and Bear Lake this year. He is also hopeful that he can groom Glacier Creek with it, as well. We are hoping to have the groomer delivered by early December.



The New Grooming Machine

With continued support from our members and corporations, the Ski Club is hopeful that it can hire Dennis Perry to be our full-time trail groomer. We have not had a hired groomer before, and what a difference the new machine and a hired groomer could make for skiing in Seward. Show your support by joining the Ski Club this year!

Coaches Corner

During this time of the year, skiers start thinking about equipment and training. Future editions of the newsletter will have tips from local coaches and experts. For this first edition, we thought you might like a few Web resources to help you plan for your year.

- Purchasing equipment:** <http://www.xcskiworld.com/equip/equipment.htm>
Strategies for selecting gear from XC Ski World.
- Waxing techniques:** <http://www.sierranordic.com>
Go to the “Tech Tips Archives” section for an abundance of ski waxing tips!
- Ski technique:** http://www.xcskiworld.com/training/Technique/technique_intro.htm
A to Z technique tips from XC Ski World.
- <http://www.roberts-1.com/xcski/index.html>
Secrets for improving techniques, plus a wealth of general information.
- Training techniques:** <http://www.skipost.com/training.htm>
Everything you need to know about XC specific training.

Thank you to our business sponsors

Afognak America	Holland
Anchorage Nordic Ski Club	Rotary Club of Seward
Barney’s Sports Chalet	Shoreside Petroleum
City of Seward	Sons of American Legion
Eagle River Nordic Ski Club	Yoly’s Bistro
Great Harvest	

Any businesses interested in sponsoring the Ski Club, please use the membership form on the reverse side, or email sewardnordicski@gmail.com. Thank you for your interest! Your donation is tax-deductible.

Mission Statement

The Seward Nordic Ski Club is a nonprofit organization dedicated to promoting and supporting Nordic skiing for all ages, developing and maintaining a network of groomed trails, and sponsoring community ski activities and educational opportunities.